



Menu Items

Breakfast

Muffins - \$1.75

*Cranberry * Blueberry * Banana Walnut*

Bistro Breakfast - \$5.50

2 Turkey Sausage Patties, 2 Scrambled Eggs, & Hash Browns

Bistro Quiche - \$5.50

Bacon, Sausage, Ham, Sautéed Onions & Cheese

Wraps - \$7.50

Roasted Turkey Avocado w/spicy mayo, tomato & swiss

Blackened Chicken w/romaine, caesar dressing & parmesan

Buffalo Chicken w/slaw & mozzarella

Rotisserie Chicken w/slaw, bacon, BBQ sauce & cheddar cheese

Salads

Salmon w/spring mix, feta, green peppers & almonds - \$10.50

Cobb w/boiled egg, tomatoes, blue cheese, bacon & ham - \$10.50

Small salad w/spring mix, tomato, cheddar cheese, & red onion - \$4.50

Quinoa w/grapes & pita chips \$5.50

Soups - \$3.25

Tomato Basil

Black Bean Chili w/sweet potatoes

Sandwiches - \$6.25

Chicken Salad w/lettuce

Pimento cheese w/lettuce & bacon

Egg Salad w/lettuce

Tuna Salad w/lettuce

Entrees - \$10.00

Smoked Chicken w/sautéed green beans & mashed sweet potatoes - \$10

Boiled Shrimp w/spicy red sauce - \$10

Grilled Salmon w/wild rice & sautéed green beans - \$10

Grilled Chicken w/sautéed mushrooms, onions, peppers, rice & steamed broccoli - \$10

Pork Loin w/roasted red potatoes & grilled veggies - \$10

Snacks - \$5.50

Bistro Snack w/apples, oranges, grapes & cheese cubes

Power Snack w/chicken breast, boiled egg, fruit & walnuts

Sides - \$2.00

Potato Salad

Pasta Salad w/fresh veggies

Free tea or water w/purchase of \$10 or more